

Kindergarten, 1st, and 2nd Grade Physical Education Lessons and Games Map

KEY:	The color of the page # below represents which	book to reference or to	see Lesson	Plan Folder
No Standing Around in My Gym:	Creative Lesson Plans, Games, and Teaching Tips for Elem. P.E.	Book I've authored		
PE2theMax:	Maximize Skills, Participation, Teamwork and Fun	Book I've authored		
PE2theMax II	Stepping up the "Game" in Physical Education	Book I've authored		
PE²	Double the Physical + Double the Education = Double the Fun	Book I've authored		
HyPEd Up	Taking Physical Education Games to the Next Level	Book I've authored		
HyPEd Up II	Taking Physical Education Games Beyond the Next Level	Book I've authored		
PE2theMax's Greatest Hits	Games Created to Maximize Skills, Part., Teamwork & Fun	Book I've authored		
L.P. = in Lesson Plan Folder	From lessons I have found	or Authored		
Lessons and Games	National Standards for K-2 Physical Education	Essential Questions	Beginning	# of
See KEY for color references	See National Standards Attached	See EQ Attachment	Date	Days
ABC's and 1, 2, 3's pg. 9	S1, S2	EQ 35		
Alphabet Mania pg. 24; (K-1)	S1, S2	EQ 14		
& Foam Plates	WW: 4 Stages of Exercise	WW 16		
Animal Rescue pg. 126 (K-1)	Word Wall: Rest	EQ 51		
Artery Avengers L.P.	S1, S2	EQ 39-2 sided		
Word Wall:	Healthy Artery and Clogged Artery Display	WW 26		
Ball Manipulation-Partner Skills pg. 8	Basketball Skill Cues on wall	EQ 48		
Word Wall:	Dominant/Non-Dominant-Dribble Demo.	WW 15		
Balloon Unit pg. 15-Partner Skills	S1, S2	EQ 48; WW 15		
WW: Dominant/Non-Dominant		Red & Purple Yarn		
Basic Training L.P.	S1, S2, S4	EQ 63-2 sided		
Birdee Battle pg. 11	*Underhand Badminton Serve Video*	EQ 38		
Blockheads pg. 16	S1, S2	EQ 4-2 sided		
Body Aw. & Mvmt. Expl. Pg. 22 (K-1)	S1, S2	EQ 44		
Bowling Bombs pg. 95 (Kdgn.)	*Underhand Roll Video*	EQ 13		
Bucket Bash pg. 19 (K-1)	*Bucket Bash Throwing Video*	EQ 16		
Building Blocks pg. 25 (K-1)	S1, S2, S4 Get 5th Grade Helpers	EQ 44		
Bumper Cars L.P.	S1, S2, S4	EQ 1-2 sided		
Capture the Hoop pg. 14	S1, S2	Read the Rechargeables		
Capture the Critters L.P.				

Castle Mania L.P.	S1, S2	EQ 71-2 sided		
Word Wall:	Fat & Muscle Display			
Color Germ Tag pg. 98 (K-1)	S1, S2	EQ 19-2 sided		
Word Wall:	Physical Activity	WW 8		
Concentration Stations pg. 129		EQ 64		
Cone Flip Chaos pg. 132	Water Fuels Your Fun Poster			
Cone Heads Variation pg. 25 (K-1)	S1, S2	EQ 70-2 sided		
Crocodile Mile pg. 32 (K-2)	S1, S2, S4	EQ 56-2 sided		
Dice Dash pg. 22 (K-2)	S1, S2	EQ 55		
Dice Daze pg. 25 (K-1)	S1, S2, S4	EQ 3		
	Dice Daze Picture on TV			
Dr. Feelgood pg. 98 (K-3)	S1, S2, S4	EQ 23-2 sided		
Word Wall:	Cardio-Respiratory Endurance	WW 18		
Ecstatic pg. 31 (K-1)	S1, S2, S4			
Field Days pg. 97	S1, S2, S4			
Flip For It pg. 30 (K-1)	S1, S2, S4	WW 2		
Word Wall:	Vaping Posters	Penny Clip art		
Frisbee Slide Attack L.P.	Frisbee Throw Cues on Wall	EQ 43		
Fun Days pg. 143	S1, S2, S4			
Going Cuckoo pg. 44	S1, S2, S4	EQ 15		
Gobble, Gobble pg. 32 (K-1)	S1, S2	EQ 11-2 sided		
Word Wall:	Aerobic and Anaerobic Exercise	WW 7		
Gymnastics pg. 24	S1, S2	EQ 30; EQ 52		
	Gymnastics Videos & Tumbling Card			
Hooper's Hulas pg. 47	S1, S2	WW 1		
Word Wall:	Triceps and Biceps			
Hula Hut Challenges pg. 43	*Hula Hut Building Video*			
It's Going to Blow pg. 45	S1, S2	EQ 16 & 49-2 sided		
Jenga-Janga 1.0 pg. 49	S1, S2	EQ 40-2 sided		
Word Wall:		WW 11		
Jump Rope Unit pg. 36	Complete Day 1 & 2 in L.P.	EQ 21; EQ 46		
	Show 1-4 Noodle Videos			
JRFH-Kids Heart Challenge	Set up Stations-See L.P.	Get 5th Grade Turners		

Kick Start Your Heart pg. 49	*Soccer Juggling Video*	EQ 6; EQ 47		
	Soccer Skills Cues on Wall			
Let's Go Cruising pg. 55	S1, S2, S4 - get dance club poster	EQ 12-2 sided; WW 7		
Melee pg. 50 (K-1)	S1, S2	EQ 1		
Noodling Through Time pg. 62	K-2 = Day 1	EQ 5		
	K-1, maybe 2nd = Day 2 Partner Skills			
Outside Games-gym being used	Toilet Tag			
Pace Maker II pg. 68	Pacing: Tortoise and Hare Analogy	EQ 20; EQ 44		
Word Wall:	Green Info. Card and Picture	WW 10		
PaddleStar Galactica pg. 65	S1, S2	EQ 38; EQ 62		
	Striking with Paddles Cues on Wall			
Parachute L.P.	S1, S2, S4	WW 3		
	WW: Deltoids & Trapezius			
P.I.E. L.P.	S1, S2, S4, S5	EQ 2; K-2 = Day 1		
		K-1 = Day 2		
Pin Ball L.P. (K-1)	S1, S2	EQ 37		
Pin Bombardment pg. 102	S1, S2	EQ 18		
	Bowling Cues on Wall			
Rhythms and Dance L.P.	S1, S2, S4	EQ 34		
Roll With It pg. 66	S1, S2	EQ 67-2 sided		
Scallywag pg. 59 (Team vs Team)	S1, S2	EQ 9		
Word Wall:	F.I.T.T. Principle	WW 17		
Scarf Unit pg. 67 (K-1)	S1, S2	EQ 55; EQ 66-2 sided		
Scoot N' Shoot Mod. pg. 110	See page 110 for modification	EQ 17; 74-2 sided		
Scooter Scavenger pg. 80	S1, S2	EQ 32		
Word Wall:	Heart Rate	WW 14		
Scooter Scavenger pg. 136		EQ 41-2 sided		
Spelling Bee				
Scooter Skills Galore pg. 57	S1, S2, S4	EQ 45		
	Scooter Videos & Scooter Skills Card			
Snack Attack pg. 76 (K-1)	S1, S2, S3, S4, S5	EQ 27-2 sided		
Stack Attack pg. 67	S1, S2, S4	EQ 36		

Stay ComPOSED pg. 90	S1, S2, S4	EQ 26-2 sided		
Word Wall:	Flexibility	WW 21		
Super 70 Ball Challenges pg. 69 (K-1)	S1, S2, S4			
	Overhand Throw Cues on wall			
Swamp Ball pg. 88 (K-1)	S1, S2, S4	EQ 15; EQ 28		
Word Wall:	Overhand Throws Cues on Wall			
Team Trashball pg. 90	S1, S2, S4	EQ 75-2 sided		
	Throwing and Catching Cues			
The BankRoll pg. 139		EQ 7		
The Dynamic Duo pg. 80	S1, S2, S4	EQ 53-2 sided		
The Germ Invasion pg. 84	S1, S2, S3, S4, S5	EQ 68-2 sided		
The Savage Sumos pg. 93	S1, S2	EQ 9 & 10		
Sumo Picture on TV	F.I.T.T. Principle	WW 17		
The Unhealthy Zone L.P.		EQ 16; EQ 72-2 sided		
Word Wall:	Sugar Test Tube Displays	WW 23		
Toxic Blast pg. 92	S1, S2	EQ 65		
Word Wall:	Vaping Video	WW 25		
Trading Places pg. 74 (K-1)	S1, S2, S4	WW 5		
Word Wall:	Abdominals and Obliques			
Trick or Treasure? Pg. 90	S1, S2, S4	EQ 69-2 sided		
Treasure Quest pg. 93	S1, S2, S4	EQ 42-2 sided		
Word Wall:	Sedentary	WW 12		
What's in Your Piggy Bank? pg. 101	S1, S2	EQ 57; EQ 58		
Who Sunk Our Battleships? pg. 117	S1, S2	EQ 73-2 sided		
Word Wall:	Fat Test Tube Displays	WW 23		
Yeah Baby! Pg. 97	Read Henry and the Gym Monster	EQ 16		
	Overhand Throw Cues on Wall			
Zombie Outbreak pg. 77	S1, S2, S4			
	The Good Sports Code on Wall			

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